

THE INTER TWINED LIFE

Everyday
Practices
for a World
Gone Mad

**Benevolent Detachment and
Remembering Who We Love**

Matthew 11:28–30; Mark 1:35–38; John 15:13



"There's a madness to our moment, and we need to name it for the lunacy it is. Because it's taking our lives hostage. First, there's the blistering pace of life... Then there's the deluge of media coming at us in a sort of mesmerizing digital spell.. . If we had more of [God's] lavish life bubbling up in us, it would be a rescue in this soul-scorching hour. But this frantic, volatile world constantly wilts the soul, dries it out like a raisin, making it almost impossible to receive the life God is pouring forth."

- John Eldredge

"They expect you to be available anytime, day or night, because of this," he said, holding up his phone. "They can text you, call you 24/7. You are now considered to be available anytime, all the time. Those are the new rules."

- John Eldredge

"Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Matthew 11:28-30

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Jesus filtered everything through His relationship with His Father.

**benevolent
detachment**

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distance

for the sake of
relationship?

"Mature adults have learned
how to create a healthy
distance between themselves
and the thing they have
become entangled with."

- John Eldredge

And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed. And

Simon and those who were with him searched for him, and they found him and said to him, "Everyone is looking for you."

And he said to them, "Let us go on to the next towns, that I may preach there also, for that is why I came out."

Mark 1:35-38

see Jesus...

**remembering
Who we love**

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"I know you are enduring patiently and bearing up for my name's sake, and you have not grown weary. But I have this against you, that you have abandoned the love you had at first. Remember therefore from where you have fallen; repent, and do the works you did at first. If not, I will come to you and remove your lampstand from its place, unless you repent."

Revelation 2:3-5

see Jesus...

the life of God in us
is like friendship

(it's not automatic)

we have to choose
the relationship

"You understand from your own relationships, your story of love, that you don't give your heart away to just anyone. You don't give access to the deeper places in your soul to just any idle acquaintance—certainly not to someone who is at the same time keeping themselves distant from you... I'm really surprised that the human race expects God to pour himself and his blessings into their lives when he is not even the slightest priority, let alone a close and dear friend."

- John Eldredge

"We are talking about finding more of God. I assure you nothing, absolutely nothing, will bring you more of him than loving him. Turning our hearts toward God in love opens our being to receive him like no other practice. And it is a practice, something we consciously and actively engage in through the moments of our day-to-day. This is the epicenter of the book, really."

- John Eldredge

**remembering
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