

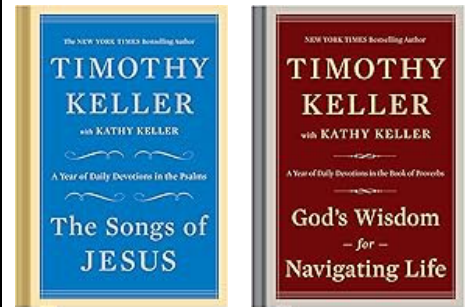
Challenge #4 – FASTING

Fight the good fight and gain victory over sin.



“Fasting temporarily denies our fleshly appetites and weakens worldly distractions, opening the spirit more fully to the eternal life we have in God.” – Pastor Simon

Suggested resources:



Challenge #5 – RELATIONSHIPS

Intentionally invest in your season of life

Single? Married? Parenting? Aging?

Invest in your season of life to increase your level of contentment.

Suggested resources:



Visit the 5 for '25 Challenge table in the Lobby to check out resources:

\$10 Bibles (for adults or kids)

\$5 Devotionals

